

2023 CLASS SCHEDULE



Monday

11.00AM

Adults Krav Maga

4.30PM

Kids Krav Maga

6.00PM

Fundamentals Krav Maga

7.15PM

Adults Krav Maga

Tuesday

6.00AM

Striking Class

4.30PM

Kids Krav Maga

5.30PM

Teenagers Krav Maga

7.15PM

Adults Krav Maga

7.15PM

SAMBO

Wednesday

11.00AM

Adults Krav Maga

4.30PM

Kids Krav Maga

6.00PM

Fundamentals Krav Maga

7.15PM

Adults Krav Maga

Thursday

6.00AM

Striking Class

4.30PM

Kids Krav Maga

5.30PM

Teenagers Krav Maga

7.15PM

Adults Krav Maga

Friday

7.15PM

SAMBO

Saturday

8.00AM

Advanced Krav Maga
(INVITATION ONLY)

9.00AM

Kids Krav Maga

10.00AM

Women's Only Krav Maga

11.00AM

Kids Krav Maga

9.00AM

Teens Krav Maga

10.00AM

Sparring Class
(INVITATION ONLY)

Sunday

2.00PM

Advanced Krav Maga
with Tommy Blom (INVITATION ONLY)

VARIOUS

Monthly Self-Defence Workshops



31A Barry Ave, Mortdale, NSW, 2223

1300 85 33 10



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